

# POSITIVE TALK

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"Don't prove yourself, Just improve yourself."



# Influence of Spiritual literature on Human values

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India is the rich culture is believed to be created by God has fact of values and virtues. Ancient Human Society followed certain basic human values in their life. Our Ancient Rishis right from Sage Viswamitra to Swamy Vivekananda and Sankaracharya to Svivananda taught their disciples moral and Human Values through their preachings. Sukraneeti, Viduraneeti, Neetisatakam, Chanakya's Arthasastra and Tirukkural of Tiruvalluar contains morals and human values including business values, medical values and all professional values.

Man is the source of all values for the existentialist. Unlike in classical Humanism it is the individual human being living here and now who is the source of values. Classical Humanism resorted to Greek and Latin sources as a basis for Humanistic values. Closely related to the position of the individual human being as the source of values is the concept of authenticity. An authentic man is one who lives by his own decisions and choices in the light of his own undistorted awareness of his condition (1972). "The good for the existentialist is always a positive



affirmation of the self. Evil lies in following the crowd”.

Firstly, Ramayana is a great treatise on religion and morals. Secondly, it is an invaluable guide on state craft and administration. Thirdly, the epic highlights the important universal truth that the happiness of the individual depends not on material possessions, but in maintaining good moral character and upholding spiritual values. This is the central theme of the epic, which is of perpetual interest.

Rama was Vishnu himself and Ramayana was the Veda itself. Many virtues which are to be practiced such as the love between husband and wife, the affection of the brothers, devotion towards the teacher (Guru), obeying the word of the father, friendship, protecting the refugees, following dharma ruling the people amicably etc., were well established in this work.

The sage cursed the King Dasaratha. Then the King Dasartha separated from his son Rama. It is the spiritual power of the human value to the sage. Rama went to the forest because of the boon given to Kalkeyi by King Dasartha. It is the human value of the King Dasartha. A Person receives the Good or Bad result of his Good or

Bad action only. Who does not consider the great or poor value of the result or the dire consequences at the start of any action is called a fool. It is the great human power of the King Dasartha.

Now a day's several organizations are adopting the spiritual values and philosophies including multinational organization to overcome the human crises occurring in the organization giving and taking bribery, sabotage, dishonesty, anger control, stress handling, conflict of management and Communication Skills, attitude and self management etc.,

#### **Conclusion:**

A person receives the good or bad result depends on his good or bad action / deeds. It is the highlight of the human values. To overcome all these things, doing yoga, study of ancient, spiritual books, listening to them, study of Bhagavat Gita are the examples which influence the mind which stops perverting the human mind.

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